

MARCH 2018

# THE SOUTHWIND CONNECTION

804 CROWLEY-RAYNE HWY. | CROWLEY, LA | 70526 | 337.783.2740 | SOUTHWINDATCROWLEY.ORG

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**MAINTENANCE SUPERVISOR**

BRETT HOFFPAUIR

## COULD IT REALLY BE SNOW?

Low and behold as I gazed even closer, I saw people gathering, letting go of their composure. I was right all along; a winter storm had come through, dropping snowflakes everywhere! It made many of us feel childlike, without one single care. So thanks, Mother Nature, for surprising us that day. You always remind us who's in control; you really came through in an extraordinary way! As you can tell in the pictures, we had a really fun time during our cold weather art activity.



## RESIDENT OF THE MONTH



MS. REBECCA  
MCLEAR

## INSPIRATIONAL QUOTE OF THE MONTH

Put your heart, mind, and soul  
into even your smallest acts. This  
is the secret of success.

- Swami Sivananda

## Happy Birthday!

### Residents:

Mildred T.	3/02
Judy P.	3/06
Andre B.	3/11
Angelious L.	3/12
Glen M.	3/15
Gertrude T.	3/17
Oledia Cormier	3/19

### Employees:

Michelle T.	3/11
Sercelina C.	3/11
Carolyn R.	3/13
Niasha N.	3/17
Zelda R.	3/18
Erica G.	3/18
Megan D.	3/19
Amelia L.	3/23
Kiana L.	3/29

## IT'S PARTY TIME!

Dressed in Mardi Gras T-Shirts and elaborate beads, Southwind hosted a Mardi Gras parade and party in honor of Fat Tuesday. Our Mardi Gras King and Queen, Mr. Winfred Leblanc and Mrs. Lula Cormier, along with all of our residents, had a blast at our annual celebration.



## RESIDENT SPOTLIGHT: Ms. ANNIE THERESA STAFFORD SMITH (“AUNT TEE”)



Annie Theresa Stafford Smith, affectionately known to many as “Aunt Tee,” was born November 12, 1927, in Crowley, Louisiana. She is one of nine children born to her parents Annie and Jesse Stafford. Both living siblings, Jesse Stafford and Evelyn Stafford Barousse, visit with her daily.

She was blessed to marry the love of her life, James Smith, and enjoyed 61 years of marital bliss. Mr. Smith passed away on July 23, 2008. Together they have one daughter, Evon Smith, and one son and daughter in law, Pacerd and Melanie Trahan Newman. They also have two grandchildren, Tillie Newman Morgan and Eric Newman, and five beautiful great-grandchildren.

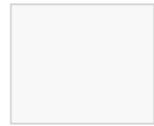
When “Tee” was a young girl, she quit school to help her family. She often recalls how things were so different then. She would walk to work at 5 o’clock in the morning from her home on Ash Street in South Crowley to Breaux’s Drug Store in downtown Crowley, and recalls never feeling unsafe.

She chuckles as she remembers working for fifty cents a day, thinking she was rich!

She loved to cook and her husband James loved to entertain, always opening their home to their many friends and family. As a family, they had the opportunity to travel to forty-nine states on their vacation excursions. One of the most memorable trips was their Alaskan adventure with twenty-two other friends and family members ranging from three months old to eighty-one years old! She says she hasn’t been to Hawaii– YET!

Tee loved shopping and was always found looking for a bargain. She is known by many people to be the most generous and compassionate person you will ever meet. Her dream was to be a nurse, but felt as though her education would not allow her to pursue that dream. She chose a career as a healthcare companion, caring for others in the Crowley and Jennings area for over fifty years. While encouraged by her family to retire at the age of eighty-two when her last “old lady” living her at Southwind passed away in 2009, it never stopped her from looking for another opportunity to care for someone.

When asked if she is happy living at Southwind, Tee doesn’t hesitate with her response. “They all take very good care of me here. Everyone is so kind,” she says. Most days you can find Aunt Tee relaxing in her easy chair, humming gospel hymns and reminding you, “Don’t forget to pray and thank God for His goodness.”



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PLEASE REMEMBER THAT FLU SEASON IS STILL IN EFFECT AND CAN BE VERY DANGEROUS FOR OUR RESIDENTS. PLEASE DO NOT ENTER OUR FACILITY IF YOU HAVE BEEN DIAGNOSED WITH THE FLU OR ARE EXPERIENCING ANY FLU-LIKE SYMPTOMS. IF YOU ARE CURRENTLY SUFFERING WITH A COUGH OR RESPIRATORY ILLNESS, WE ASK THAT YOU WEAR A FACE MASK (AVAILABLE UPON REQUEST). WE THANK YOU FOR YOUR HELP IN KEEPING OUR RESIDENTS SAFE THIS FLU SEASON.

## SOUTHWIND HEALTHCARE & REHABILITATION

804 CROWLEY-RAYNE HWY. | CROWLEY, LA 70526 | PHONE: 337.783.2740

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### Reminders:

- PLEASE LABEL YOUR LOVED ONE'S CLOTHING AND ITEMS, EVEN IF YOU DO THEIR LAUNDRY.
  - BRING PLASTIC BAGS OR SEALED CONTAINERS FOR FOOD STORAGE .
  - HELP KEEP YOUR LOVED ONE'S CLOSET NEAT BY CLEANING IT OUT SEASONALLY.
    - PLEASE DO NOT DISPLAY ITEMS ON LIGHTS.
- OUR LOST AND FOUND ITEMS ARE LOCATED IN THE LAUNDRY DEPARTMENT (PERIODICALLY DISPLAYED IN THE BEAUTY SHOP).

### OUR MISSION

OUR MISSION IS TO ENABLE OUR RESIDENTS TO LIVE LIFE TO ITS FULLEST, REGARDLESS OF AGE OR HEALTH, WITH COMPASSION, UNDERSTANDING, RESPECT, DIGNITY, AND CARING SUPPORT.