January 2024

SOUTHWIND
HEALTHCARE & REHABILITATION
A Non-Profit Organization

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Rosary 10:00 BINGO 2:00 Independent Activities	2 9:30 Music & Memories 10:00 Bible Study 2:00 POKENO	3 9:30 Rosary 10:00 Exercise 2:00 BINGO	4 9:30 Trivia 10:00 Board Games 2:00 Elvis Show	5 9:30 Rosary 10:00 Exercise 2:00 BINGO	6 9:30 Rosary 10:00 Exercise 2:00 BINGO
7 9:30 Rosary 10:00 Exercise 2:00 BINGO	8 9:30 Rosary 10:00 Exercise 2:00 BINGO	9 9:30 Grilled Cheese Social 1:00 Resident Council Meeting	10 9:30 Rosary 10:00 Exercise 2:00 Birthday Party w/DJ Greg	11 9:30 Trivia 10:00 Board Games Northside Walmart Shopping	12 9:30 Rosary 10:00 Exercise Southside Walmart Shopping	13 9:30 Rosary 10:00 Exercise 2:00 BINGO
14 9:30 Rosary 10:00 Exercise 2:00 BINGO	15 9:30 Rosary 10:00 Exercise 2:00 BINGO	16 9:30 Music & Memories 10:00 Bible Study 1:00 Arts & Crafts	17 9:30 Rosary & Mass 10:00 Exercise 2:00 BINGO	18 9:30 Pretty Nails 1:00 Popcorn and Movie	19 9:30 Rosary 10:00 Exercise 2:00 BINGO	20 9:30 Rosary 10:00 Exercise 2:00 BINGO
21 9:30 Rosary 10:00 Exercise 2:00 BINGO	22 9:30 Rosary 10:00 Exercise 2:00 BINGO	23 9:30 French Toast Social 2:00 POKENO	24 9:30 Rosary 10:00 Exercise 2:00 BINGO	25 9:30 Trivia 10:00 Board Games 11:00 Out to Lunch	26 9:30 Rosary 10:00 Exercise 2:00 BINGO	27 9:30 Rosary 10:00 Exercise 2:00 BINGO
28 9:30 Rosary 10:00 Exercise 2:00 BINGO	29 9:30 Rosary 10:00 Exercise 2:00 BINGO	30 9:30 Music & Memories 10:00 Bible Study 2:00	31 9:30 Rosary 10:00 Exercise 2:00 BINGO			

This Month:

Happy New Year From Southwind!

All Activities Are Subject To Change.